**Friday PM Core Seminar for UCPC Residents**

The Friday PM Core Seminar is a 2-year longitudinal curriculum occurring on Friday afternoons during ambulatory care blocks. The purpose of the curriculum is to expose residents to areas of medicine that are important to the practice of primary care medicine, but not commonly taught in other venues. The format is a small group, interactive, case-based seminar. Residents are given learning objectives and reading assignments prior to each seminar and are expected to actively participate in discussions. Below is a list of general topics covered during the core curriculum.

On every second, and fourth Friday, core seminars are held jointly in the Department of Medicine (with all PGY2 and PGY3 residents on block). These seminars are larger in structure and are noted below with "bold".

On “non-joint” days, case discussions are scheduled with clinical specialists in domains not covered by the joint didactics. **These sessions are for UCPC R2/R3s ONLY.** These sessions are NOT bolded.

Even year = the calendar year that the academic year starts is an even number (ie: 2019-2020 academic year is an odd year)

**Adolescent Medicine (even years)**
Common Problems in Adolescent Medicine (approach to adolescents, sexuality, eating disorders)

**Allergy and Immunology (odd years)**
Allergy and Immunology cases for the PMD: Allergic rhinitis, Drug allergies/desensitization, immunodeficiencies

**Cardiology (even years)**
**CAD Management (stress testing and ASA); valvular disease, arrhythmias**

**Dermatology (even years)**
**Dermatology cases and skin cancers**

**End of Life (even years)**
Symptom Management

**Endocrine (odd years)**
**Insulin management, non-insulin DM meds**
Osteoporosis – screening, diagnosis and treatment

**ENT (odd years)**
Common ENT Problems (including sinusitis, vertigo, tinnitus, hearing loss)

**Gastroenterology (odd years)**
**Approach to the Patient with Hep C**
**Approach to the Patient with Hep B**
Fatty Liver
**IBS (if space allows)**
**Primary care for the IBD patient (if space allows)**
**Chronic Diarrhea (if space allows)**
Geriatrics (odd years)

Geriatrics assessment, capacity, advanced care planning
Advanced Directives/Hospice in the outpatient setting
Annual Wellness Visit (yearly)

Healthcare Management/Quality Assurance (yearly)
Reorientation to Clinic: Telephone Medicine, Practice Management

Health Finance/Advocacy (odd years)
Medicare (MSSP), Medicaid, Alternative payment models
How to leverage your position as a physician in advocacy

Hematology (even years)
Anemia for the PMD
Approach to SPEP/MGUS
Myelodysplastic disorders
Anti-coagulation for the PMD

ID (odd years)
LTBI/TB
STIs/HPV
Primary Care of the HIV+ Patient (if space allows)

Integrative Medicine (odd years)
Overview of Integrative/Complementary Therapies (herbal meds, acupuncture, marijuana)

Lab Medicine (even years)
Lab medicine for the Internist

Neurology (even years)
Hypothesis-driven Neuro Exam
Stroke/TIA
Movement Disorders (odd year)
Update in Seizure Disorders (if space allows)

Nutrition (odd years)
Nutrition and Weight Management

Oncology (odd years)
Solid malignancies (breast, lung, colon), complications of treatment

Ophthalmology (even years)
Common Eye Problems - What Every Internist Needs to know (red eye, acute vision loss) and how to read ophthalmology note

Orthopedics (even years)
Knee and Shoulder complaints and exam
Knee and Shoulder injections (yearly)
Basics of Splinting
Commonly missed orthopedic complaints

Psychiatry (even)
Depression, Anxiety, Psychosis, suicide risk assessment
Addiction Pharmacotherapy and Opioid Stewardship

Pulmonary (odd)

Sleep disorders (OSA, RLS, PLMS, insomnia)
PFTs/COPD/Asthma
ILD (if space allows)

Renal (even years)

CKD
Renal stones

Rheumatology (even years)

High yield exam features
Interpretation of rheumatologic tests
Approach to the Patient with Arthritis
Rheum cases: Rheumatoid Arthritis, SLE, Crystal Diseases

Urology (odd years)

Male/female incontinence, prostate cancer and screening, LUTS

Sexuality (odd years)

Care of the transgender patient

Sexuality (even years)

Sexual dysfunction (if space)

Wellness (every year)

Medical Error (even year)
Self care for the provider caring for the dying patient (odd year)

Women's Health (even)

Contraception, Emergency Contraception, Ectopic pregnancy, Cervical cancer screening, Amenorrhea
Medical Abortion/DUB

Other (odd years)

Strategies for Identifying Environmental and Occupational Disease