Sclero-what??

Key Points:
- Scleromyxedema is a rare dermatologic disorder associated with paraproteinemias.
- Oral involvement with scleroderma includes dental caries and tooth loss, microstomia, and xerostomia.

Scleromyxedema

Definition
- A rare disorder characterized by lichenoid papules due to mucin dermal deposition, and a variable degree of fibrosis most often associated with paraproteinemias.

Epidemiology/Etiology
- Middle-aged, F = M
- Associated with paraproteinemias in > 80%; also with lymphoma, leukemia, etc.

Clinical Presentation
- Most commonly, a widespread symmetric eruption of 2 to 3 mm, firm, waxy, closely spaced papules; usually located on the hands, forearms, face, neck, upper trunk, and thighs
- Other symptoms: muscle weakness (27%), peripheral neuropathy (15%), dysphagia (30%)

Treatment
- Everything from topical tx to plamapheresis to melphalan to bone marrow transplant

Scleroderma and the Mouth
- Dental caries and tooth loss (from reflux and ligament loosening)
- Microstomia
- Xerostomia (approx 20% will have Sjogren’s)

Macroglossia

Differential Diagnosis
- Congenital: lymphangioma, Beckwith-Wiedman Syndrome, Down’s
- Metabolic: amyloid, acromegaly, myxedema, chronic steroids
- Malignancy: carcinoma, sarcoma, leiomyoma