

## **Integration of Easy-to-Read, Culturally-Appropriate, Evidenced-based Advance Directives for all US States into the PREPARE Website: Gordon and Betty Moore Foundation Grant**

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### **ABSTRACT**

**Goal:** We will leverage our existing evidenced-based advance care planning (ACP) website (PREPARE, [prepareforyourcare.org](http://prepareforyourcare.org)) and our evidenced-based easy-to-read California advance directive (AD) template ([iha4health.org/our-services/advance-directive/](http://iha4health.org/our-services/advance-directive/)), as well as established partnerships with UC Hastings School of Law and national Medical Legal Partnerships to create easy-to-read ADs for all 50 US states, integrate the ADs into the PREPARE website, and disseminate them widely. When complete, our project will offer the first easy-to-read, culturally-appropriate, evidenced-based advance directive that can be used in every state.

**Target Population:** Tools to help culturally and ethnically diverse older adults engage in advance care planning are limited. Although we have found our tools to be equally beneficial in all race/ethnicities and literacy levels, we will target ethnically and culturally diverse, English- or Spanish-speaking older adults with limited health literacy.

**Project:** We will create easy-to-read advance directives for all states, and integrate them into our evidence- and theory-based PREPARE website. For this project we will use rigorous legal analysis to review all 50 states' advance directive laws. We will then create updated easy-to-read forms using standard health literacy and cultural adaptation principles. Finally, we will integrate the ADs into the PREPARE website, pilot test their use in Medical Legal Partnership clinics, and disseminate PREPARE and the forms nationally.

**Evaluation:** We will assess understandability and feasibility of the AD forms and conduct a pilot test within national Medical Legal Partnerships. Measures of success will include increased knowledge, understanding and AD completion. Dissemination will be measured by assessing the number of visits (page hits) to the PREPARE website and activity on social media.